

**GOVERNMENT OF MIZORAM  
HEALTH & FAMILY WELFARE DEPARTMENT  
MIZORAM SECRETARIAT BUILDING, MINECO, KHATLA, AIZAWL**

**NOTIFICATION**

*Dated Aizawl, 14<sup>th</sup> October, 2021*

**Subject: Revised Standard Operating Procedures (SOPs) for Covid-19 tests at the entry points of the State of Mizoram.**

**No.D.33011/39/2021-HFW(SOP)/Pt.4/H:** Following the recommendations of the State Level Expert Team on Covid-19 Management, the SOP for entry point screening is hereby revised as hereunder. This supersedes the SOP issued under even No. dated 25.09.2021 with immediate effect until further order:–

**1. Screening at Entry Points and Quarantine:**

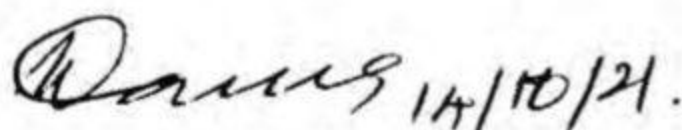
- 1.1 All the entrants to the State of Mizoram shall fulfil the formalities prescribed by Home Department, Government of Mizoram, and shall also be screened for Covid-19 at the entry screening points with RAgT for Covid-19 unless exempted under sub-para 1.5 below.
- 1.2 All persons tested positive shall be isolated/ treated as per existing Covid-19 management protocol.
- 1.3 *Asymptomatic persons tested negative with RAgT may not be quarantined, but shall follow Covid Appropriate Behaviour (CAB).*
- 1.4 *Symptomatic person* tested negative with RAgT shall be tested with RT-PCR/ TrueNat, and shall be quarantined for a period of **5 (five) days even if he/she is found negative in such a test, and be tested again with RT-PCR/TrueNat after the said 5 (five) days.**
- 1.5 **Exemption from RAgT screening: Asymptomatic Persons entering Mizoram** may be exempted from entry point screening and quarantine subject to production of the following documents before the Entry Point Screening Team:
  - (1) **Negative RT-PCR/TrueNat/ CBNAAT test Report** for Covid-19 issued by a recognised laboratory **within 72 hours prior** to the time of entry, **OR**
  - (2) **Certificate** (downloaded from cowin portal) for **full-dose Covid vaccination taken at least 15 days** before the date of entry, **OR**
  - (3) **Certificate of discharge from Home Isolation or Covid care facility** issued by the competent authority **within 3 months prior to the date of entry.**

Provided that persons having the certificate under Sub-paras (2) or (3) shall monitor themselves for any symptom of Covid-19 for **7 days** while strictly following the CAB.

Provided further that **no symptomatic entrant shall be exempted from RAgT screening even if he/she produces any of the Certificates mentioned here above.**

2. **Self-Monitoring:** Persons to monitor themselves shall strictly follow CAB viz. social distancing, proper wearing of face-mask covering mouth and nose, and hand hygiene; and watch out for any of the Covid-19 symptoms as indicated below, and shall seek advice from the CMO/ MO concerned or the Helpline at telephone Nos. **102/ 0389 2323336/ 0389 2322336/ 0389 2318336.**—

- |  |                                     |
|--|-------------------------------------|
| i. Fever.                                | ii. Cough.                          |
| iii. Loss of taste/ smell.               | iv. Sore throat/ throat irritation. |
| v. Malaise/ Weakness.                    | vi. Body ache /Headache.            |
| vii. Gastro-intestinal upset.            | viii. Diarrhoea.                    |
| ix. Dizziness.                           | x. Anorexia/ Nausea/ Vomiting.      |
| xi. Shortness of breath/ breathlessness. |                                     |



**(R. LALRAMNGHAKA)**

Secretary to the Govt. of Mizoram,  
Health & Family Welfare Department

**Copy to:**

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3. P.S. to Deputy Chief Minister, Govt. of Mizoram.
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5. P.S to MLA & Vice Chairman, H&FW Board.
6. Sr. PPS to Chief Secretary, Government of Mizoram.
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